



## **SUPERVISION REFLECTION GUIDE**

*Master of Arts in Ministry Degree Program – Saint John's Seminary*

Rev. Richard W. Fitzgerald, Director of Pastoral Formation

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Due: Monthly by the student via email by the end of each month

(Oct., Nov., Dec., Feb, Mar., and Apr.) to:

E-mail: [ellen.oesterle@sjs.edu](mailto:ellen.oesterle@sjs.edu) (MAM/MTS Assistant to the Director)

(In completing this *Guide* please note that it is **not** meant to be a *word for word* report or an **exhaustive** description of the many elements of the event. It is simply a starting point for discussion. It is most helpful to give the completed guide to your supervisor ahead of time so that it may be read before you sit to discuss it together.)

### **A. Why**

Why are you presenting this incident? For example, “I am presenting this incident because...” or “This incident is significant to me because...” You might include how the supervisor can help you.

### **B. The Event**

Facts - Briefly describe the event.

Feelings – How did you feel before, during, and after the event?

Interpretation – Upon reflection and prayer, how do you understand/see the situation?  
How do you think others understand/see it?

Options – What were (and/or) are your alternatives for dealing with the event?  
What are the significant issues present?

Action – What will you do now?

### **C. The Learning**

Spiritual – What does this event/issue reveal to me about my relationship with God?  
About my ability to share my faith-life with others or have the faith of others teach me?

Intrapersonal – What does this event/issue reveal to me about my priorities, needs, biases, hopes, fears, desires, insecurities and interior disposition?

Interpersonal – What does this event/issue reveal to me about my communication style and my interaction patterns with other people?

Theological – What does this event/issue reveal to me about my understanding and application of the teaching and theology of the Church? What Church teaching, Tradition, or experience have I used to inform my actions in this event and since?

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Supervisor Signature: \_\_\_\_\_

Placement: \_\_\_\_\_ Reflection for the month of: \_\_\_\_\_

Director of Pastoral Formation: \_\_\_\_\_